



Instruction Manual

Please read this Instruction Manual carefully before use

Back Brace CM-SB01

Non-Sterile Medical Device

Intended Use

This Back Brace is manufactured for medium duty use and should not be worn any longer than 4 hours in one session or 12 hours per day.

For support in the event of:

1. Pain in the lower spine (lumbar region, lumbar spine)
2. Wear and tear in the small vertebral joints (lumbar facet syndrome)
3. Muscle tension
4. Athletic and physical strain
5. Dystonia in the lumbar spine

Only use after consulting your physician in the event of:

1. Higher-grade instability of the lumbar spine
2. External injuries
3. Neurological deficiencies (emanating nerve pain or paralysis of lower extremity)
4. Circulatory disorders

If back pain persists please consult a physician.

Safety Information



Risk of injury!

- Should problems arise while wearing, please remove the Back Brace immediately and consult a physician.
- Do not apply the Back Brace so tight that it limits your blood supply.
- Before each use, please check the Back Brace for tears and damages.
- This Back Brace may only be used in a flawless condition.
- Do not wear the Back Brace while sleeping or during longer rest periods.



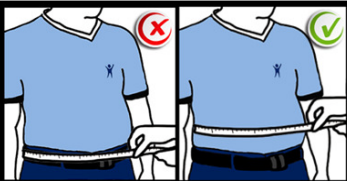
Risk of skin irritations!

- In individual cases – very rarely - skin reactions and irritations may result.
- Do not wear this item longer than 12 hours daily as well as no longer than 4 hours in one session
- Wash body parts that are fully covered by the brace regularly in order to avoid skin irritations.
- In order to avoid allergic skin reactions, the skin must be free of gels, greases, ointments, oils or similar substances.

Should problems arise, please consult a physician immediately.

Technical Data

The Back Brace is available in two sizes:

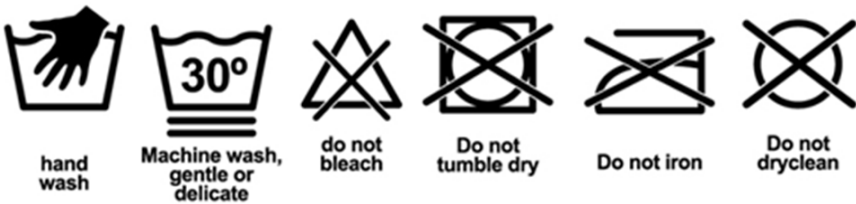
	Belt Size	To suit Belly Size	
		inches	cm
	REG	26 - 37	65 - 95
	LGE	38 - 50	96 - 125
			S - L XL - 4XL

Please note that the waist size must be measured at or above navel level and the measuring tape not to be pulled tight. Do not measure at your trouser belt line.

Materials of Construction:

Breathable Nylon Mesh, Polypropylene. 100% Latex and Chemical Free

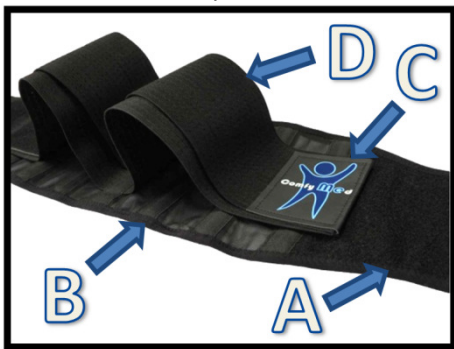
Cleaning and Care



- Before using the Back Brace for the first time wash it thoroughly.
- It is advisable to carry out a further wash after 2 or 3 times of use.
- For machine washing keep the Back Brace inside a cotton bag.
- Wash separately

Applying the Back Brace

The Back Brace explained



- (A) Main belt
- (B) Vertical polypropylene spines
- (C) Velcro Pads
- (D) Outer compression band

The brace itself (A) can be tightened as it is elastic, however, the outer compression band (D) with the Velcro Pads (C) will achieve additional stabilisation of the lumbar region. The tighter the compression band (D) the better the vertical spines (B) will support your back.

Step by Step Instructions



- (1) Loosen the outer compression band and reattach it to the belt as shown.
- (2) Position the Back Brace centrally on your back.
- (3) Fold the side of the belt without Velcro (left) over your stomach first.
- (4) Then fold the side with Velcro (right) to overlap so that it sits comfortably and is only slightly tight. Rearrange if necessary to achieve maximum comfort.
- (5) Tighten the outer compression band to achieve the desired level of back support.
- (6) The compression bands tightness and support level can be adjusted at any time. The two Velcro pads may even overlap for maximum tightness.

Warranty

This product is manufactured with the greatest care and from the highest quality materials available and comes with a 12 Month Warranty from the date of purchase. The Warranty will cover material and production errors and will not cover improper use or inappropriate handling. Proof of purchase is required and shipping costs are excluded.

Please contact Enquiries@ComfyMed.com.au and let us assist you.