



Instruction Manual

Please read this Instruction Manual carefully before use

Posture Correcting Brace CM-PB16

Non-Sterile Medical Device

Intended Use

This Posture Correcting Brace is manufactured for medium duty use and should not be worn any longer than 3 hours in one session or 12 hours per day.

For use in the event of:

1. Clavicle Fracture (Broken Collar Bone)
2. Kyphotic Thoracic Spine
3. Posture Correction
4. Any other condition where a “Figure 8” Brace is prescribed by your Physician.

Only use after consulting your physician in the event of:

1. Higher-grade instability of the spine
2. External injuries
3. Neurological deficiencies (emanating nerve pain or paralysis of lower extremity)
4. Circulatory disorders

Safety Information



Risk of injury!

- Should problems arise remove the Brace immediately and consult a physician.
- Do not apply the Brace so tight that it limits your blood supply.
- Before each use, please check the Brace for tears and damages.
- This Brace may only be used in a flawless condition.
- Do not wear the Posture Brace while sleeping or during longer rest periods.



Risk of skin irritations!

- In individual cases – very rarely - skin reactions and irritations may result.
- Do not wear this item longer than 12h daily as well as no longer than 3h in one session
- Wash body parts covered by the brace regularly in order to avoid skin irritations.
- In order to avoid allergic skin reactions, the skin must be free of gels, greases, ointments, oils or similar substances.

If any problems arise, such as but not limited to numbness, swelling, discolouration, discomfort, pain, sensation changes or anything else unusual, stop using the brace and consult a physician immediately.

Applying the Back Brace



Step by Step Instructions

- (1) Remove Posture Brace from Packaging and hold by the shoulder straps as shown.
- (2) Put your right Arm through the right shoulder strap.
- (3) Put your left Arm through the left shoulder strap.
- (4) Position the shoulder straps as far onto your shoulder as possible.
- (5) Hold the Brace by the belt straps (A,B) and pull straps down to position the back of the brace as low on your back as possible.
- (6) Put the left Belt strap (A) over your abdomen with a gentle tightness.
- (7) Position the right belt strap (B) with the Velcro over the left belt (A) and tighten belt to your liking. Note that if too loose the brace will move up while wearing it and lose effectiveness but if too tight it reduces comfort level and care must be taken not to hinder your blood supply.
- (8) To tighten the shoulder straps simply pull on the looped straps (C) conveniently located at the buckle (D) on your shoulder. You may put your fingers through the loop (C) to do this. Tighten as much as possible without too much discomfort and take care not to stop the blood supply. If over tightened or to take the brace off, simply lift the buckle (D) up at the front only (E).
- (9) Sometimes, when tightening, the padding under the shoulder strap can bunch up a little. If this happens simply pull the padding it as far back as possible by pulling it back on the loop (F).
- (10) When you are completely satisfied with the fit of the brace you can feed the strap (C) through the padding loops (F) to stop it from dangling.
- (11) This is how the Brace should look from the front when applied correctly.
- (12) This is how the Brace should look from the Back when applied correctly.

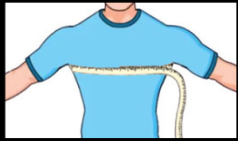
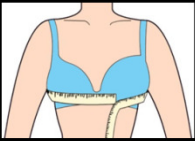
IMPORTANT NOTE:

This posture Brace is designed to pull your shoulders back in the same manner as a traditional Figure 8 Brace but with added comfort. Whilst this brace is more comfortable than other braces, some discomfort is to be expected as it forces your shoulders back and restricts the movement of your arms.

Please always contact ComfyMed by emailing Enquiries@ComfyMed.com.au before returning this product your retail or online store.

Technical Data

The Posture Correcting Brace is available in two sizes:

	Brace Size	To suit Chest Size			
		inches	cm		
	REG	29 - 40	75 - 102	S, M, L	
	LGE	41 - 49	104 - 125	XL - XXXL	

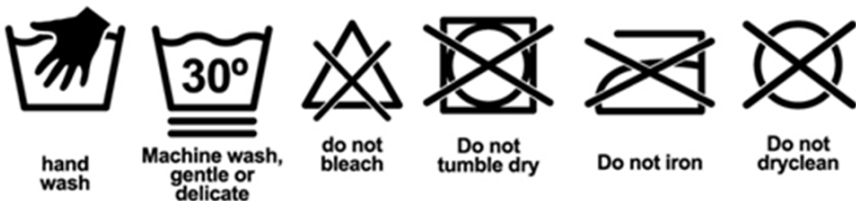
Please note that the chest size must be measured under the arm pits at the widest part of the chest and the measuring tape to be pulled firm.

Materials of Construction:

Neoprene Rubber, Highly Elastic Nylon Fabric, Silicone (Logo)

100% Latex and Chemical Free

Cleaning and Care



- Before using the Brace for the first time wash it thoroughly.
- It is advisable to carry out a further wash after 2 or 3 times of use.
- For machine washing keep the Back Brace inside a cotton bag.
- Wash separately

Warranty

This product is manufactured with the greatest care and from the highest quality materials available and comes with a 12 Month Warranty from the date of purchase. The Warranty will cover material and production errors and will not cover improper use or inappropriate handling. Proof of purchase is required and shipping costs are excluded.

Always contact Enquiries@ComfyMed.com.au first and let us assist you before returning the Brace to your retail or online store.